

TODAY'S PEOPLE: Stewbilee Edition

A sampling of teams that will be competing Oct. 13 in the Brunswick stew cooking contest

Contest will validate cooking skills

By LINDSEY BLAIR

The Brunswick News

For Sherrie Bachmann of the Slider's Cooking team, the Brunswick stew cooking contest is personal.

"After spending years torturing my husband, Stephan, with failed attempts to produce anything edible, I decided to get serious and take some cooking lessons," Bachmann said.

Brunswick Stew was the first thing she ever prepared that elicited a 'this is the best I have ever tasted' response.

"I thought that entering this contest would give me insight as to whether or not that was true," she explained.

Though this is her first time in such a contest, Bachmann is confident. And her lack of experience doesn't bother her a bit.

"We have tons of blind enthusiasm. None of us



Submitted photo

Sherrie and Stephan Bachmann want to see if their stew can sway local voters.

have ever done anything like this before," Bachmann said.

"Everybody knows about beginner's luck. We are banking on it. For us, we are more interested in winning the People's Choice than anything else," she said.

But the Slider's Team has other things going for them. For example, they have a very good idea about what

Brunswick Stew should be.

"The perfect stew should be smoky, sweet, tangy and rich. It should not have overwhelming flavors of vinegar or salt. The blend of spices should enhance the stew.

The stew should have a consistency that allows you to eat it with a fork or a spoon. The color should be bright and pleasing to the eye and never dull. Most

The team

Members of the Slider's cooking team are Sherrie Bachmann, Stephan Bachmann, Frank Schoeniger and Loretta English.

The events

The Brunswick Rockin' Stewbilee Oct. 13 at Mary Ross Waterfront Park, downtown, includes:

- 9 a.m.: 5-kilometer race, March of Dimes Walk and Pooch Parade; beginning of car show and children's activities
- 11:30 a.m. to 2:30 p.m.: Brunswick stew tasting contest.
- 6 p.m.: Neville Brothers concert.

importantly, the aroma should be so enticing that your family constantly lingers at the pot in anticipation," she said.